

Integrated Dual Disorders Treatment (IDDT)

An Evidenced Based Model for treating Co-
Occurring Severe Mental Illness and Substance
Use Disorder

GNMHC 2018

Integrated Dual Disorders Treatment

- ▶ Outcomes of co-occurring disorders
- ▶ Intensive integrated treatment for individuals with severe and persistent mental illnesses and substance use disorders
- ▶ IDDT team
 - Transdisciplinary
 - Size and client ratio
 - Roles

Integrated Dual Disorders Treatment (cont.)

- ▶ Treatment approach and factors for recovery
 - Integration of mental health and substance abuse treatment
 - Stage-wise interventions
 - Assertive outreach
 - Motivational counseling
 - Comprehensive services

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Jane's Story: The Journey of an IDDT Client

- ▶ Female
- ▶ 49 year old
- ▶ Divorced
- ▶ Family dynamics
- ▶ Unemployed
- ▶ Co-occurring disorders

Jane's Success

- ▶ Past treatments
- ▶ Transfer to the integrated dual disorders treatment team
- ▶ Roles of team members and treatment approach
- ▶ Coordination of care with other service providers in the community
- ▶ Reaching sobriety
- ▶ Positive outcomes